**Final Project Report**

**Project Title:** Workout Planner Application

**Project Overview:**  
The Workout Planner application is a Python-based Tkinter GUI program that provides users with the ability to create and manage workout plans, log completed workouts, and modify settings. This project is designed to assist individuals in organizing their fitness routines in an interactive and user-friendly manner.

**Progress So Far:**

* Created the basic structure of the application using Tkinter.
* Implemented functions for:
  + Opening the Workout Plans window.
  + Logging completed workouts.
  + Modifying settings within the application.
* Designed a simple UI with buttons for navigation and appropriate labels.
* Initialized a GitHub repository for version control.
* Uploaded the project files to GitHub.

**Challenges Faced:**

* Encountered Git authentication issues when attempting to push files to GitHub.
* Required a Personal Access Token (PAT) to authenticate due to GitHub’s removal of password-based authentication.
* Had trouble resolving a Git history conflict when syncing the local repository with GitHub.
* Faced difficulties in correctly setting the remote origin URL with authentication credentials.

**Next Steps:**

* Enhance the UI with additional styling and better layout organization.
* Implement data storage functionality to retain workout logs and settings.
* Add error handling for user inputs and actions.
* Conduct thorough testing to ensure smooth functionality.
* Prepare final documentation and presentation for submission.

**GitHub Repository:**  
[Workout Planner Repository](https://github.com/nagromgninworb/Workout-Planner)